



CHILDREN'S ADMINISTRATION  
DIVISION OF CHILDREN AND FAMILY SERVICES  
**LIFE SKILLS INVENTORY**  
**INDEPENDENT LIVING SKILLS ASSESSMENT TOOL**

**Category A: Money Management and Consumer Awareness**

**Basic - Must know 3 of 5 to advance to the next level of accomplishment:**

- Knows values of coins and currency.
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**Category B: Food Management (continued)**

**Exceptional -**

**Category E: Housekeeping**

**Basic - Must know 3 of 4:**

- Can wash dishes adequately using soap and hot water.
- Can change a light bulb.
- Can make a bed.
- Knows how to dispose of garbage.

**Intermediate - Must know 3 of 5:**

- Can use vacuum cleaner properly and change bags.
- Can change bed linen.
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**Category O: Pregnancy, Parenting and Child Care (continued)**

**Basic/Pregnancy - Must know 6 of 6: (All youth complete this part) (continued)**

- Knows dangers of drugs, alcohol, and tobacco during pregnancy.
- Knows what adequate pre-natal care is.

**Intermediate/Parenting and Child Care - Must know 10 of 10: (Pregnant or parenting teens)**

- Knows where to obtain pre-natal care.
- Knows not to leave child without supervision.
- Can provide appropriate supervision for child.
- Is comfortable being alone with child.
- Knows how to bathe child and change diapers.
- Knows how to access community resources (WIC, PHN).
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